

Microwave Oven

User manual

ME16K3000A*



SAMSUNG

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Important safety instructions

Congratulations on your new Samsung microwave oven. This manual contains important information on the installation, use and care of your appliance. Please take time to read this manual to take full advantage of your microwave oven's many benefits and features.

WHAT YOU NEED TO KNOW ABOUT SAFETY INSTRUCTIONS

Warnings and Important Safety Instructions in this manual do not cover all possible conditions and situations that may occur. It is your responsibility to use common sense, caution, and care when installing, maintaining, and operating your microwave oven.

PRECAUTIONS TO AVOID POSSIBLE EXPOSURE TO EXCESSIVE MICROWAVE ENERGY

- A. Do not attempt to operate this oven with the door open since open-door operation can result in harmful exposure to microwave energy. It is important not to defeat or tamper with the safety interlocks.
- B. Do not place any object between the oven front face and the door or allow soil or cleaner residue to accumulate on the sealing surface.
- C. Do not operate the oven if it is damaged. It is particularly important that the oven door close properly and that there is no damage to the:
 - 1. Door (bent),
 - 2. Hinges and latches, (broken or loosened),
 - 3. Door seals and sealing surface.
- D. Only properly qualified service personnel should adjust or repair the oven. Do not attempt to adjust or repair the oven yourself.

IMPORTANT SAFETY SYMBOLS AND PRECAUTIONS

What the icons and signs in this user manual mean:

 **WARNING**









Hazards or unsafe practices that may result in **severe personal injury or death**.

 **CAUTION**

Hazards or unsafe practices that may result in **minor personal injury or property damage**.

 **CAUTION**

To reduce the risk of fire, explosion, electric shock, or personal injury when using your microwave oven, follow these basic safety precautions.

- | | |
|---|--|
|  Do NOT attempt. |  Unplug the power plug from the wall socket. |
|  Do NOT disassemble. |  Make sure the machine is grounded to prevent electric shock. |
|  Do NOT touch. |  Call the service center for help. |
|  Follow directions explicitly. |  Note |

These warning signs are here to prevent injury to you and others. Please follow them explicitly. After reading this section, keep it in a safe place for future reference.

SAVE THESE INSTRUCTIONS

Important safety instructions

1. FCC Notice

FCC STATEMENT:

This appliance has been tested and found to comply with the limits for a class B digital device, pursuant to Part 18 of the FCC rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This unit generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However there is no guarantee that interference will not occur in a particular installation. If this unit does cause harmful interference to radio or television reception, which can be determined by turning the unit off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antennae.
- Increase the distance between the unit and receiver.
- Connect the unit into an outlet or a circuit different from that to which the receiver is connected.

STATE OF CALIFORNIA PROPOSITION 65 WARNING (US ONLY)

WARNING : This product contains chemicals known to the State of California to cause cancer and birth defects or other reproductive harm.

When using any electrical appliance, basic safety precautions should be followed, including the following:

WARNING

To reduce risk of burns, electric shock, fire, personal injury or exposure to excessive microwave energy:

1. Read all safety instructions before using the appliance.
2. Read and follow the specific “**Precautions to avoid possible exposure to excessive microwave energy**” on page 3.
3. This appliance must be grounded. Connect only to properly grounded outlets. See Important “**Grounding instructions**” on page 5 of this manual.
4. Install or locate this appliance only in accordance with the provided installation instructions.
5. Some products such as whole eggs and sealed containers, for example, closed glass jars, can explode if heated rapidly. Never heat them in a microwave oven.
6. Do not use this appliance for other purposes than cooking. Drying of clothing and heating of warming pads, slippers, sponges, damp cloth and similar may lead to risk of injury, ignition or fire. Use this appliance only for its intended use as described in the manual. Do not put corrosive chemicals or vapors in or on this appliance. This type of oven is specifically designed to heat, cook, or dry food. It is not designed for industrial or laboratory use.
7. As with any appliance, close supervision is necessary when it is used by children.
8. Do not operate this appliance if it has a damaged cord or plug, if it is not working properly, or if it has been damaged or dropped.

SAVE THESE INSTRUCTIONS

9. This appliance should be repaired or serviced only by qualified service personnel. Contact the nearest authorized service facility for examination, repair, or adjustment.
10. Do not cover or block any openings on the appliance.
11. Do not tamper with or make any adjustments or repairs to the door.
12. Do not store this appliance outdoors. Do not use this product near water, for example, near a kitchen sink, in a wet basement, near a swimming pool, or similar locations.
13. Do not immerse the cord or plug in water.
14. Keep the cord away from heated surfaces. (including the back of the oven).
15. Do not let the cord hang over edge of table or counter.
16. When cleaning surfaces of the door and oven that come together when the door closes, use only mild, nonabrasive soaps, or detergents applied with a sponge or soft cloth. Unplug the plug before cleaning.
17. To reduce the risk of fire in the oven cavity.
 - a. Do not overcook food. Carefully attend appliance when paper, plastic, or other combustible materials are placed inside the oven to facilitate cooking.
 - b. Remove wire twist-ties from paper or plastic bags before placing the bags in oven.
 - c. If materials inside the oven ignite, keep the oven door closed, turn the oven off, and disconnect the power cord, or shut off the power at the fuse or circuit breaker panel. If the door is opened, the fire may spread.
 - d. Do not use the cavity for storage purposes. Do not leave paper products, cooking utensils, or food in the cavity when not in use.
18. Liquids, such as water, milk, coffee, or tea can be overheated beyond the boiling point without appearing to be boiling. Visible bubbling or boiling when the container is removed from the microwave oven is not always present. **THIS COULD RESULT IN VERY HOT LIQUIDS SUDDENLY BOILING OVER WHEN THE CONTAINER IS DISTURBED OR A SPOON OR OTHER UTENSIL IS INSERTED INTO THE LIQUID.** To reduce the risk of injury:
 - a. Do not overheat liquid.
 - b. Stir liquid both before and halfway through heating it.
 - c. Do not use straight-sided containers with narrow necks.

- d. After heating, allow the container to stand in the microwave oven for a short time before removing the container.
- e. Use extreme care when inserting a spoon or other utensil into the container.

CAUTION

1. Clean Ventilating Hoods Frequently - Grease should not be allowed to accumulate on hood of filter.
2. When flaming foods under the hood, turn the fan on.
3. Use care when cleaning the vent-hood filter. Corrosive cleaning agent, such as lye-based oven cleaner, may damage the filter.

GROUNDING INSTRUCTIONS

This appliance must be grounded. In the event of an electrical short circuit, grounding reduces the risk of electric shock by providing an escape wire for the electrical current. This appliance is equipped with a cord that includes a grounding wire and a grounding plug. The plug must be plugged into an outlet that is properly installed and grounded.

WARNING

- Improper use of the grounding plug can result in a risk of electric shock.
- Plug into a grounded 3 prong outlet. Do not remove the third (grounding) prong. Do not use an adaptor or otherwise defeat the grounding plug.
 - Consult a qualified electrician or service person if you do not understand the grounding instructions or if you are not sure if the appliance is properly grounded.
 - We do not recommend using an extension cord with this appliance. If the power-supply cord is too short, have a qualified electrician or serviceman install an outlet near the appliance. However, if it is necessary to use an extension cord, read and follow the "Use of Extension Cords" section below.

SAVE THESE INSTRUCTIONS


Important safety instructions

USE OF EXTENSION CORDS


A short power-supply cord is provided to reduce the risk of your becoming entangled in or tripping over a longer cord. Longer cord sets or extension cords are available and you can use them if you exercise care. If you use a long cord or extension cord:

1. The marked electrical rating of the cord set or extension cord should be at least as great as the electrical rating of the appliance.
2. The extension cord must be a grounding-type 3-wire cord and it must be plugged into a 3-slot outlet.
3. The longer cord should be arranged so that it will not drape over the counter top or tabletop where it can be pulled on by children or tripped over accidentally. If you use an extension cord, the interior light may flicker and the speed of the blower may vary when the microwave oven is on. Cooking times may be longer, too.

CRITICAL INSTALLATION WARNINGS

-  The installation of this appliance must be performed by a qualified technician or service company.
- Failing to have a qualified technician install the oven may result in electric shock, fire, an explosion, problems with the product, or injury.
- Unpack the oven, remove all packaging material and examine the oven for any damage such as dents on the interior or exterior of the oven, broken door latches, cracks in the door, or a door that is not lined up correctly. If there is any damage, do not operate the oven and notify your dealer immediately.
- Make sure to install your oven in a location with adequate space. Remove all foreign substances such as dust or water from the power plug terminals and contact points using a dry cloth on a regular basis.
- Unplug the power plug and clean it with a dry cloth.
 - Failing to do so may result in electric shock or fire.
- Plug the power cord into a properly grounded 3 pronged outlet. Your oven should be the only appliance connected to this circuit.
- Sharing a wall socket with other appliances, using a power strip, or extending the power cord may result in electric shock or fire.
 - Do not use an electric transformer. It may result in electric shock or fire.
 - Ensure that the voltage, frequency and current provided match the product's specifications. Failing to do so may result in electric shock or fire.
- Keep all packaging materials out of the reach of children. Children may use them for play.


SAVE THESE INSTRUCTIONS

 This appliance must be properly grounded. Read and follow the specific “Grounding instructions” found in the beginning of this Section. Do not ground the appliance to a gas pipe, plastic water pipe, or telephone line.

- This may result in electric shock, fire, an explosion, or problems with the product.
- Never plug the power cord into a socket that is not grounded correctly and make sure that it is in accordance with local and national codes.

Do not cut or remove the third (ground) prong from the power cord under any circumstances.

The microwave requires a separate branch circuit single grounded outlet of at least 15A and max of 20A.

 Do not install this appliance in a humid, oily, or dusty location, or in a location exposed to direct sunlight or water (rain drops).

- This may result in electric shock or fire.

Plug the power plug into the wall socket firmly. Do not use a damaged power plug, damaged power cord, or loose wall socket.

- This may result in electric shock or fire.

Do not mount over a sink.

Do not pull or excessively bend the power cord.


Do not twist or tie the power cord.

Do not hook the power cord over a metal object, place a heavy object on the power cord, insert the power cord between objects, or push the power cord into the space behind the appliance.



- This may result in electric shock or fire.

Do not pull the power cord when you unplug the oven.


- Unplug the oven by pulling the plug only.
- Failing to do so may result in electric shock or fire.

 When the power plug or power cord is damaged, contact your nearest service center for a replacement or repair.

INSTALLATION CAUTIONS

-  Position the oven so that the plug is easily accessible.
 - Failing to do so may result in electric shock or fire due to electric leakage.
-  Unplug the oven when it is not being used for long periods of time or during a thunder/lightning storm.
 - Failing to do so may result in electric shock or fire.

CRITICAL USAGE WARNINGS

-  If the microwave is flooded, please contact your nearest service center :
 - Failing to do so may result in electric shock or fire.
 Read and follow the specific “Precautions to Avoid Possible Exposure to Excessive Microwave Energy”, found in the beginning of this Section. If the microwave generates a strange noise, a burning smell or smoke, unplug it immediately and contact your nearest service center.
 - Failing to do so may result in electric shock or fire.
 In the event of a gas leak (propane gas, LP gas, etc.), ventilate the room immediately. Do not touch the microwave, power cord, or plug.
 - Do not use a ventilating fan.
 - A spark may result in an explosion or fire.
 Take care that the door or any of the other parts do not come into contact with the body while cooking or just after cooking.
 - Failing to do so may result in burns.
 In the event of a grease fire on the surface units below the oven, smother the flaming pan on the surface unit by covering the pan completely with a lid, a cookie sheet or a flat tray.

SAVE THESE INSTRUCTIONS

Important safety instructions


Never leave surface units beneath your oven unattended at high heat settings. Boil over cause smoking and greasy spillovers that may ignite and spread if the vent fan is operating. To minimize automatic fan operation, use adequate sized cookware and use high heat on surface units only when necessary.

If materials inside the oven should ignite, keep the oven door closed, turn the oven off and disconnect the power cord, or shut off power at the fuse or circuit breaker panel. If the door is opened, the fire may spread.

- Always observe Safety Precautions when using your oven. Never try to repair the oven on your own there is dangerous voltage inside. If the oven needs to be repaired, contact an authorized service center near you.

 Do not attempt to repair, disassemble, or modify the appliance yourself.

- Because a high voltage current enters the product chassis during operation, opening the chassis can result in electric shock or fire.
- You may be exposed to electromagnetic waves.
- When the oven requires repair, contact your nearest service center.

 If any foreign substance such as water enters the microwave, unplug the it and contact your nearest service center.

- Failing to do so may result in electric shock or fire.

 Do not touch the power plug with wet hands.

- This may result in electric shock.

Do not turn the appliance off by unplugging the power plug while the appliance is in operation.

- Plugging the power plug into the wall socket again may cause a spark and result in electric shock or fire.

Keep all packaging materials well out of the reach of children. Packaging materials can be dangerous to children.

- If a child places a bag over its head, the child can suffocate.

Do not let children or any person with reduced physical, sensory or mental capabilities use this appliance unsupervised.

Make sure that the appliance is out of the reach of children.

- Failing to do so may result in electric shock, burns or injury.
- Keep children away from the door when opening or closing it as they may bump themselves on the door or catch their fingers in the door.

Do not touch the inside of the appliance immediately after cooking. The inside of the appliance will be hot.

- The heat on the inside of the oven can cause burns.

Do not put aluminum foil (except as specifically directed in this manual), metal objects (such as containers, forks, etc.) or containers with golden or silver rims into the microwave.

- These objects can cause sparks or a fire.

Do not use or place flammable sprays or objects near the oven.

- Heat from the microwave can cause flammable sprays to explode or burn.
- Failing to do so may result in electric shock or injury.

Do not tamper with or make any adjustments or repairs to the door. Under no circumstances should you remove the outer cabinet.

Do not store or use the oven outdoors.

SAVE THESE INSTRUCTIONS

USAGE CAUTIONS

- ★ If the surface of the microwave is cracked, turn it off.
 - Failing to do so may result in electric shock.

Dishes and containers can become hot. Handle with care.

Hot foods and steam can cause burns. Carefully remove container coverings, directing steam away from your hands and face.

Remove lids from baby food before heating. After heating baby food, stir well to distribute the heat evenly. Always test the temperature by tasting before feeding the baby. The glass jar or surface of the food may appear to be cooler than the food in the interior, which can be so hot that it will burn the infant's mouth.

Make sure all cookware used in the oven is suitable for microwaving.

Use microwavable cookware in strict compliance with such manufacturer's recommendations.
- ☒ Do not stand on top of the microwave or place objects (such as laundry, oven covers, lighted candles, lighted cigarettes, dishes, chemicals, metal objects, etc.) on the appliance.
 - Items, such as a cloth, may get caught in the door.
 - This may result in electric shock, fire, problems with the product, or injury.

Do not operate the appliance with wet hands.

 - This may result in electric shock.

Do not spray volatile material such as insecticide onto the surface of the appliance.

 - As well as being harmful to humans, it may also result in electric shock, fire or problems with the product.

Do not place the appliance over a fragile object such as a sink or glass object.

 - This may result in damage to the sink or glass object.

- ☒ Do not put your face or body close to the appliance while cooking or when opening the door just after cooking.
 - Take care that children do not come too close to the appliance.
 - Failing to do so may result in children burning themselves.

Do not place food or heavy objects over the door when opening the door.

 - The food or object may fall and this may result in burns or injury.

Do not abruptly cool the door, the inside of the appliance, or the dish by pouring water over it during or just after cooking.

 - This may result in damage to the appliance. The steam or water spray may result in burns or injury.

Do not try to preheat the oven or operate it while empty.

Do not cook without the glass tray in place on the oven floor. Food will not cook properly without the tray.

Do not defrost frozen beverages in narrow-necked bottles. The containers can break.

Do not scratch the glass of the oven door with a sharp object.

 - This may result in the glass being damaged or broken.

Do not store anything directly on top of the appliance when it is in operation.

Do not use sealed containers. Remove seals and lids before use. Sealed containers can explode due to buildup of pressure even after oven has been turned off.

CRITICAL CLEANING INSTRUCTIONS

- Do not clean the appliance by spraying water directly onto it.
- Do not use benzene, thinner or alcohol to clean the appliance.
- This may result in discoloration, deformation, damage, electric shock or fire.
- Before cleaning or performing maintenance, unplug the appliance from the wall socket and remove food waste from the door and cooking compartment.
- Failing to do so may result in electric shock or fire.
- Take care not to hurt yourself when cleaning the appliance (external/internal)
- You may hurt yourself on the sharp edges of the appliance.
- Do not clean the appliance with a steam cleaner.
- This may result in corrosion.
- Keep the inside of the oven clean. Food particles or spattered oils stuck to the oven walls or floor can cause paint damage and reduce the efficiency of the oven.

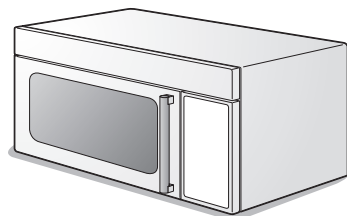
SAVE THESE INSTRUCTIONS

Setting up your new microwave oven

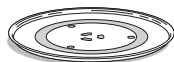
Be sure to follow these instructions closely so that your new microwave oven works properly.

Checking the parts

Carefully unpack your microwave oven, and make sure you've received all the parts shown below. If your microwave oven was damaged during shipping, or if you do not have all the parts, contact Samsung Customer Service. (Refer to the "Warranty and service information" on this page.)



Microwave oven (ME16K3000A*)



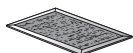
* Glass Tray



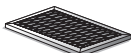
* Roller Guide Ring



* Exhaust adaptor



* Grease Filter (2 ea)



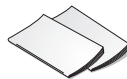
* Charcoal filter



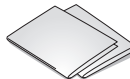
* Hardware kit
(Screws & Brackets)



Registration Card



Manuals
(User & Installation)



Templates
(Top & Wall)

NOTE

If you need an accessory marked with a *, you can buy it from the Samsung Contact Center 1-800-SAMSUNG (726-7864).

Warranty and service information

To help us to serve you better, please complete the enclosed registration card and promptly return it by mail. If the registration card is missing, you can call Samsung Electronics, Inc., at **1-800-SAMSUNG (726-7864)** or register online at **www.samsung.com/register**.

When contacting Samsung, please provide the specific model and serial number information which is usually located on the back or bottom of the product. Please record these numbers in the spaces provided below, along with the other requested information. Keep this information in a safe place as a permanent record of your purchase to aid in identification in case of theft or loss. Also keep a copy of your sales receipt as a proof of purchase if warranty service is needed.

MODEL NUMBER

SERIAL NUMBER

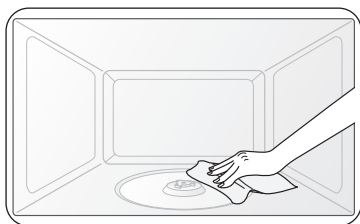
DATE PURCHASED

PURCHASED FROM

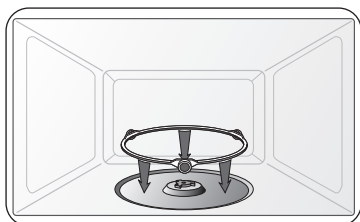
Warranty service can only be performed by a Samsung Authorized Service Center. If you should require warranty service, provide the above information with a copy of your sales receipt to the Samsung Authorized Service Center.

For service assistance and the location of the nearest service center, please call **1-800-SAMSUNG (726-7864)**.

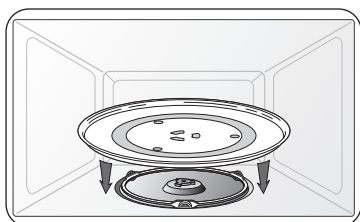
Setting up your microwave oven



1. Open the door by pulling the handle on the right side of the door.
2. Wipe the inside of the oven with a damp cloth.

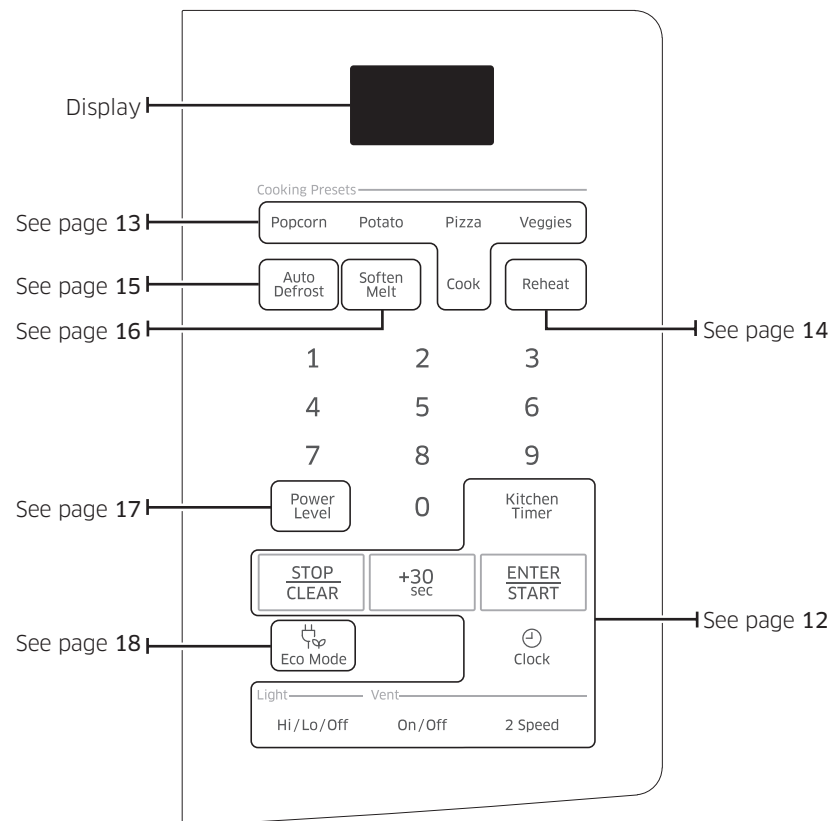


3. Install the pre-assembled ring into the indentation at the center of the microwave oven.



4. Place the glass tray securely in the center of the pre-assembled roller ring.

Checking the control panel



Setting up your new microwave oven

Setting the time

Your microwave oven is equipped with a built-in clock. Set the clock when first installing your microwave oven and after a power failure. The time is displayed whenever the microwave oven is not being used.

1. Press the **Clock** button.
2. Use the number buttons to enter the current time.
3. Press the **ENTER/START** button.

Child Lock

The Child Lock function allows you to lock the buttons so that the microwave oven cannot be operated accidentally. The oven can be locked at any time.

Activating/Deactivating

If you want to activate or deactivate the child lock function, press the **ENTER/START** button for 3 seconds.

Using your microwave oven

Cooking has never been easier than with your new Samsung microwave oven. The following section describes everything you need to know about using your microwave oven.

Kitchen Timer button

This microwave allows you to use your microwave oven as a timer.

1. Press the **Kitchen Timer** button.
2. Use the number buttons to set the length of time you want the timer to run.
3. Press the **ENTER/START** button.
4. The display counts down and beeps when the time has elapsed.
5. To cancel timer setting: Press **STOP/CLEAR** button once.

+30 sec button

This simplified control saves you time, letting you quickly start cooking at 100% power.

1. Press the **+30 sec** button for each 30 seconds you wish the food to be cooked for. For example, press it twice to cook it for one minute, and then press the **ENTER/START** button to start cooking.
2. Add 30 sec. to a cooking program already in progress by pressing the **+30 sec** button for every additional 30 seconds you wish to add.

Vent buttons (2 Speed & On/Off)

The vent removes steam and other vapors from the cooking surface. You can manually select the vent setting.

1. Press the **Vent 2 Speed** button to set the speed level.
2. Press the **Vent On/Off** button to turn the vent on.
3. Press the **Vent On/Off** button again to turn the vent off.

Light Hi/Lo/Off button

The **Light** button allows you to select a light setting for your microwave.

Press (times)	1	2	3
Light	High	Low	Off


Cooking Presets buttons


The **Cooking Presets** buttons let you cook favorite foods using preset power levels and times at the touch of a button. If the food is not thoroughly cooked or reheated when you use the Preset buttons, complete the cooking process by selecting a power level and cooking the food for an additional amount of time.

CAUTION


Do not use the **Cooking Presets** buttons continuously. You must let the oven cool for 5 minutes between uses or the food will overcook.

Auto cook table

Cooking Preset Button	Amount or Type	Number of Times to Press	Instructions
Popcorn	3.5 oz. 1 package	once	Cook only one microwave popcorn bag at a time. Be careful when removing and opening the heated bag from the oven. Let the oven cool for at least 5 minutes before using it again.
	3.0-3.5 oz. 1 package	twice	 CAUTION Do not leave the microwave oven unattended while popcorn is being cooked!

Cooking Preset Button	Amount or Type	Number of Times to Press	Instructions
Potato	1 potato	once	Pierce each potato several times with a fork. Place them on the turntable in a spoke-like fashion. After cooking, let the potatoes stand for 3-5 minutes. Let the oven cool for at least 5 minutes before using it again.  NOTE Pierce the potatoes with a fork several times before putting them in the microwave oven. The cooking times are based on average 8-10 oz. potatoes.
	2 potatoes	twice	
	3 potatoes	three times	
	4 potatoes	four times	
Pizza	1 slice	once	Put 1-3 slices of pizza on a microwave-safe plate with the wide end of each slice toward the outside edge of the plate. Do not let slices overlap. Do not cover. Let the oven cool for at least 5 minutes before using again.
	2 slice	twice	
	3 slice	three times	
Veggies	Fresh vegetables	once	Place 1 to 4 servings of fresh / frozen vegetables in a microwave-safe ceramic, glass or plastic dish and add 2-4 Tbs. water. Cover with lid or vented plastic wrap to cook. Stir before letting stand for 3 to 5 minutes. Let oven cool for at least 5 minutes before using again.
	Frozen vegetables	twice	

Using your microwave oven

Cooking Preset Button	Amount or Type	Number of Times to Press	Instructions
Cook	Beverage Display: Ac-1	once	Use measuring cup or mug. Do not cover. Place the beverage in the oven. After heating, stir well. Let oven cool for at least 5 minutes before using again.  NOTE <ul style="list-style-type: none"> Reheat times based on an 8 ounce cup. Beverages heated with the beverage feature may be very hot. Remove container with care. Amount : 0.5 cup, 1 cup, 2 cup.
	Bacon Display: Ac-2	twice	Place 2 paper towels on a plate and arrange bacon on towels. Do not overlap. Cover with additional paper towel. Remove the paper towels immediately after cooking. Amount : 2 to 6 slices.
	Frozen Dinner Display: Ac-3	three times	Remove food from outer wrapping and follow box instructions for covering and standing. Let oven cool for at least 5 minutes before using again. Amount : 8 to 14 oz.
	Frozen Breakfast Display: Ac-4	four times	Follow the package instructions for covering and standing. Use this button for frozen sandwiches, breakfast entrees, etc. Let oven cool for at least 5 minutes before using again. Amount : 4 to 8 oz.

Reheat button

The **Reheat** button provides three preset reheating categories.

Category	Number of Times to Press	Display
Dinner plate	once	rh-1
Casserole	twice	rh-2
Pasta	three times	rh-3

Example: Reheating 3 servings of casserole.

1. Press the **Reheat** button twice.
2. Use the number buttons to enter the quantity or number of servings.
3. Press the **ENTER/START** button.
4. When the cooking time is over, four beeps will sound and **End** is displayed.

Reheating table

Follow the instructions below when reheating different types of food.

Category	Amount	Directions
Dinner plate	1 serving (1 plate)	Use only pre-cooked, refrigerated foods. Cover the plate with a vented plastic wrap or waxed paper tucked under the plate. If the food is not as hot as you would like after using the reheat function, continue heating using additional time and power. Contents: 3-4 oz. meat, poultry or fish (up to 6 oz. with bone) ½ cup starch (potatoes, pasta, rice, etc.) ½ cup vegetables (about 3-4 oz.)

Category	Amount	Directions
Casserole	1 to 4 servings	Cover the plate with a lid or vented plastic wrap. If the food is not as hot as you would like after using the reheat function, continue heating using additional time and power. Stir the food once before serving.
Pasta		Contents: 3-4 oz. meat, poultry or fish (up to 6 oz. with bone) ½ cup starch (potatoes, pasta, rice, etc.) ½ cup vegetables (about 3-4 oz.)

NOTE

The 'right' temperature of the food varies from person to person. Allow food to stand 1 to 5 minutes before serving.

Auto Defrost button

The defrost choices are preset in the oven. The defrost cycle provides you with the best defrosting method for frozen foods, because the oven automatically sets the defrosting times according to the weight you enter. For added convenience, the auto defrost function beeps to remind you to check or turn over the food during the defrost cycle.

Press the **Auto Defrost** button once and select the food weight. The available weight ranges from 0.1 to 6.0 lbs.

1. Press the **Auto Defrost** button.
2. Use the number buttons to enter the weight.
3. Press the **ENTER/START** button.

NOTE

After pressing the **ENTER/START** button, the display counts down the defrosting time. The oven will beep twice during the defrost cycle. At this time, open the door and turn the food as needed. Remove any thawed portions, then return the frozen portions to the oven and press the **ENTER/START** button to resume the defrost cycle. The defrost cycle continues while the oven is beeping and only stops when the door is opened.

Defrosting tips

When using auto defrost, the entered weight is the net weight in pounds and tenths of pounds (the weight of the food minus the container).

Use the auto defrost cycle for raw food only. The auto defrost cycle gives best results when the food you want to thaw is no colder than 0°F (taken directly from a true freezer). If food has been stored in a refrigerator-freezer that does not maintain a temperature of 5°F or below, always program a lower food weight (for a shorter defrosting time) to prevent the food from cooking.

If the food is stored outside the freezer for up to 20 minutes, enter a lower food weight.

The shape of the package alters the defrosting time. Shallow rectangular packets defrost more quickly than a thick block.

Separate the pieces as they begin to defrost. Separated pieces defrost more easily. Shield areas of food with small pieces of foil if they start to become warm.

You can use small pieces of aluminum foil to shield foods such as chicken wings, leg tips, and fish tails, but the foil must not touch the sides of the oven as foil causes arcing, which can damage the oven lining.

Using your microwave oven

Auto defrosting table

Follow the instructions below when defrosting different types of food.

category	Standard amount	Procedure
Roast Beef, Pork	2.5-6.0 lbs.	Start with the food placed fat side down. After each stage, turn the food over and shield any warm portions with narrow strips of aluminum foil.
Steaks, Chops, Fish	0.5-3.0 lbs.	After each stage, rearrange the food. If there are any warm or thawed portions of food, shield them with narrow, flat pieces of aluminum foil. Remove any pieces of food that are nearly defrosted. Let stand, covered for 5 - 10 minutes.
Ground Meat	0.5-3.0 lbs.	After each stage, remove any pieces of food that are nearly defrosted. Let stand covered with foil for 5 - 10 minutes.
Whole Chicken	2.5-6.0 lbs.	Remove giblets before defrosting poultry. Start defrosting with the breast side down. After the first stage, turn the chicken over and shield any warm portions with narrow strips of aluminum foil. After the second stage, again shield any warm portions with narrow strips of aluminum foil. Let stand, covered, for 30 - 60 minutes in the refrigerator.
Chicken Pieces	0.5-3.0 lbs.	After each stage, rearrange or remove any pieces of food that are nearly defrosted. Let stand for 10 - 20 minutes.
Bread	0.1 - 2.0 lbs.	Arrange the rolls in a circle on kitchen paper in the middle of the turntable. Turn over halfway through the defrosting time.

Soften/Melt button

Soften/Melt lets you melt chocolate, soften cream cheese, and melt butter.

1. Touch the **Soften/Melt** button.
2. Choose the food category by pressing the **Soften/Melt** button.
3. Press the number button (1,2 or 3) for amount or serving.
4. Touch the **ENTER/START** button.

Soften / Melt table

Function	Amount or servings	Remarks
Melt chocolate	2 squares or 1 cup chips	Place chocolate chips or square in a microwave-safe dish. Stir well at half time when the oven beeps, and re-start the oven. Unless stirred, the chocolate keeps its shape even when heating time is over.
Soften cream cheese	1 package (8 oz.)	Unwrap the cream cheese and place on microwave-safe dish. Let stand 1-2 minutes.
Melt butter	1 stick (1/4 lb.)	Remove wrapping and cut butter in half vertically. Place butter in dish, cover with wax paper. Stir well after finishing and let stand 1-2 minutes.
	2 sticks (1/2 lb.)	

Microwave Cooking Times & Power Levels

The power level lets you control the heating intensity from Warm (1) to High (10).

Cooking at high power levels

1. Use the number buttons to enter the cooking time.
2. Press the **ENTER/START** button.
3. When the cooking time is over, four beeps will sound and End is displayed.

NOTE

If you do not enter a power level, the microwave oven cooks at the High Power Level by default.

Cooking at lower power levels

Cooking at high power does not always give you the best results with foods that require slower cooking, such as roasts, baked goods, or custards. Your oven has 9 additional power settings in addition to high.

1. Use the number buttons to enter the cooking time.

NOTE

When selecting more than one cooking stage, you must press the **Power Level** button before you can enter the second cooking stage.

NOTE

Press the **Power Level** button twice to set the power level to High for a cooking stage.

2. Press the **Power Level** button.
3. Use the number buttons to enter the power level.
4. Press the **ENTER/START** button.
5. When the cooking time is over, four beeps will sound and End is displayed.

Cooking with more than one cook cycle

For best results, some recipes call for one Power Level for a certain length of time, and another Power Level for another length of time. Your oven can be set to change from one to another automatically, if the first cycle is the defrost cycle.

1. Use the number buttons to enter the cook time.
2. Press the **Power Level** button.
3. Use the number buttons to enter the power level.
4. Use the number buttons to enter the second cook time.
5. Press the **Power Level** button.
6. Use the number buttons to enter the power level.
7. Press the **ENTER/START** button.
8. When the cooking time is over, four beeps will sound and End is displayed.

Power Levels

The 10 power levels allow you to choose the optimal power level for your cooking needs.

Power level	Microwave output	Use
10 (High)	100 %	Boiling water. Cooking ground beef. Making candy. Cooking fresh fruit and vegetables. Cooking fish and poultry. Preheating browning dish. Reheating beverages. Bacon slices.
9	90 %	Reheating meat slices quickly. Sautéing onions, celery, and green pepper
8	80 %	Reheating all types of items (Dinner plate, pasta, meat, soup or sauce, etc.). Cooking scrambled eggs.

Using your microwave oven

Power level	Microwave output	Use
7	70 %	Cooking breads and cereal products. Cooking cheese dishes, veal. Cooking cakes, muffins, brownies, cupcakes.
6	60 %	Cooking pasta.
5	50 %	Cooking meats, whole poultry. Heating custard Cooking whole chickens, turkey, spare ribs, rib roasts, sirloin roasts.
4	40 %	Cooking less tender cuts of meat. Reheating frozen convenience foods.
3	30 %	Thawing meat, poultry, and seafood. Cooking small quantities of food. Finishing cooking casserole, stew, and some sauces.
2	20 %	Softening butter and cream cheese. Heating small amounts of food.
1	10 %	Softening ice cream. Raising yeast dough.

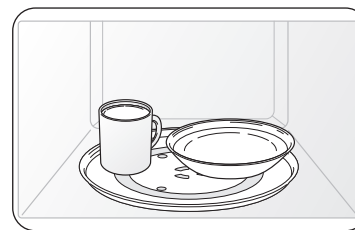
Eco Mode

Eco Mode reduces standby power usage.

When you press the **Eco Mode** button once, the display will go out and the microwave shifts to the mode which minimizes power usage.

To cancel the **Eco Mode**, press **Eco Mode** button once again, or press any other button.

Cookware guide



For food to cook in the microwave oven, the microwaves must be able to penetrate the food without being reflected or absorbed by the dish.

It is important to choose the correct cookware, therefore, look for cookware that is marked microwave-safe.

The following table lists various types of cookware and indicates if and how they should be used in a microwave oven.

Microwave-safe utensils

If you are not sure whether an item is microwave-safe or not, you can perform the following simple test:

1. Place 1 cup of water (in a glass-measuring cup) inside your oven next to the item to be tested.
2. Press the **+30 sec** button twice to heat them both for one minute at high power. After one minute, the water should be warm and the item you are testing should be cool. If the dish is warm, then it is absorbing microwave energy and is not microwave-safe.

Cookware	Microwave-safe	Comments
Aluminum foil	✓X	Can be used in small quantities to protect areas against overcooking. Arcing can occur if the foil is too close to the oven wall or you use too much foil.
Browning plate	✓	Do not preheat for more than eight minutes.
Ceramic, porcelain, and stoneware	✓	Porcelain, pottery, glazed earthenware and bone china are usually suitable, unless decorated with a metal trim.
Disposable polyester cardboard	✓	Some frozen foods are packaged in these materials.

Cookware	Microwave-safe	Comments
Fast-food packaging <ul style="list-style-type: none"> Polystyrene cups/containers Paper bags or newspaper Recycled paper or metal trims 	<p>✓</p> <p>✗</p> <p>✗</p>	<p>Can be used to warm food. Overheating may cause the polystyrene to melt.</p> <p>May catch fire.</p> <p>May cause arcing.</p>
Glassware <ul style="list-style-type: none"> Oven-to-table ware Fine glassware Glass jars 	<p>✓</p> <p>✓</p> <p>✓</p>	<p>Can be used, unless decorated with a metal trim.</p> <p>Can be used to warm foods or liquids. Delicate glass may break or crack if heated suddenly.</p> <p>Regular glass is too thin to be used in a microwave, and can shatter.</p>
Metal <ul style="list-style-type: none"> Dishes, Utensils Freezer bag twist ties 	<p>✗</p> <p>✗</p>	<p>May cause arcing or fire.</p>
Paper <ul style="list-style-type: none"> Plates, cups, napkins and kitchen paper Recycled paper 	<p>✓</p>	<p>For short cooking times and warming. Also to absorb excess moisture.</p> <p>Do not use recycled paper towels, which may contain metal and may catch fire or cause arcing.</p>

Cookware	Microwave-safe	Comments
Plastic <ul style="list-style-type: none"> Containers Cling film Freezer bags 	<p>✓</p> <p>✓</p> <p>✓✗</p>	<p>Can be used if heat-resistant thermoplastic. Some plastics may warp or discolor at high temperatures. Do not use Melamine plastic.</p> <p>Can be used to retain moisture. Avoid wrapping the food too tightly. Take care when removing the film as hot steam will escape.</p> <p>Only if boilable or oven-proof. Should not be airtight. Prick with a fork, if necessary.</p>
Wax or grease-proof paper	✓	Can be used to retain moisture and prevent spattering.
Thermometer	✓	Use only those marked "Microwave-safe" and follow the directions. Check the temperature in several places. You can use conventional thermometers once the food has been removed from the oven.
Straw, wicker, and wood	✓✗	Use only for short-term heating, as these materials can be flammable.

✓ : Recommended ✓✗ : Use caution ✗ : Unsafe to use / Do not

Cooking guide

Microwave energy actually penetrates food, attracted and absorbed by the water, fat and sugar in the food. The microwaves cause the molecules in the food to move rapidly. The rapid movement of these molecules creates friction and the resulting heat cooks the food.

General microwave tips

Dense foods, such as potatoes, take longer to heat than lighter foods. Foods with a delicate texture should be heated at a low power level to avoid becoming tough. Foods with a non-porous skin such as potatoes or hot dogs, should be pierced to prevent bursting.

Putting heating oil or fat in the microwave is not recommended. Fat and oil can suddenly boil over and cause severe burns.

Some ingredients heat faster than others. For example, the jelly in the jelly doughnut will be hotter than the dough. Keep this in mind to avoid burns.

The altitude and the type of cookware you are using can affect the cooking time. When trying a new recipe, use the minimum cooking time and check the food occasionally to prevent overcooking.

Home canning in the microwave oven is not recommended because not all harmful bacteria may be destroyed by the microwave heating process.

Although microwaves do not heat the cookware, the heat from the food is often transferred to the cookware. Always use pot holders when removing food from the microwave and instruct children to do the same.

Making candy in the microwave is not recommended as candy can be heated to very high temperatures. Keep this in mind to avoid injury.

Cooking techniques

NOTE

If the oven is set to cook for more than 25 minutes, it will automatically adjust to 70 percent power after 25 minutes to avoid overcooking.

Stirring

Open the microwave door and stir foods such as casseroles and vegetables occasionally while cooking to distribute heat evenly. Food at the outside of the dish absorbs more energy and heats more quickly, so stir from the outside towards the center. The oven will turn off when you open the door to stir your food.

Arrangement

Arrange unevenly shaped foods, such as chicken pieces or chops, with the thicker, meatier parts toward the outside of the turntable where they can receive more microwave energy. To prevent overcooking, place thin or delicate parts towards the center of the turntable.

Shielding

Shield food with narrow strips of aluminum foil to prevent overcooking. Areas that need shielding include poultry wing-tips, the ends of poultry legs, and corners of square baking dishes. Use only small amounts of aluminum foil. Larger amounts can damage your oven.

Turning

Turn foods over midway through the cooking cycle to expose all parts to the microwave energy. This is especially important with large items such as roasts.

Standing

Foods cooked in the microwave build up internal heat and continue to cook for a few minutes after the oven stops. Let foods stand to complete the cooking process, especially foods such as roasts and whole vegetables. Roasts need this time to complete cooking in the center without overcooking the outer areas. All liquids, such as soup or hot chocolate should be shaken or stirred when cooking is complete. Let liquids stand a moment before serving. When heating baby food, stir well and test the temperature before serving.

Adding moisture

Microwave energy is attracted to water molecules. Food that is uneven in moisture content should be covered or allowed to stand so that the heat disperses evenly. Add a small amount of water to dry food to help it cook.

Venting

After covering a dish with plastic wrap, vent the plastic wrap by turning back one corner to let excess steam escape.

Cooking meat

Place the meat fat side down on a microwave-safe roasting rack in a microwave-safe dish. Use narrow strips of aluminum foil to shield any bone tips or thin pieces of meat. Check the temperature in several places before letting the meat stand the recommended time.

The following temperatures are the removal temperatures. The temperature of the food will rise during standing time.

Food	Cooking time/Power level	Instructions
Roast beef (boneless) Up to 4 lbs.	Cooking Time: 10-15 min./lb. for 145 °F - Rare 12-17 min./lb. for 160 °F - Medium 14-19 min./lb. for 170 °F - Well Done	Place the roast fat-side down on the roasting rack and cover with wax paper. Turn over halfway through the cooking process. Let stand for 10 to 15 minutes.
	Power Level: High (10) for first 5 minutes, then Medium (5).	
Pork (boneless or bone-in) Up to 4 lbs.	Cooking Time: 15-20 min./lb. at 170 °F Well Done	Place the roast fat-side down on the roasting rack and cover with wax paper. Turn over halfway through cooking process. Let stand for 10 to 15 minutes.
	Power Level: High (10) for first 5 minutes, then Medium (5).	

The following temperatures are the removal temperatures. The temperature of the food will rise during standing time. Expect a 10 °F rise in temperature during the standing time.

Food	Remove from oven	After standing (10 MIN.)	
Beef	Rare	135 °F	145 °F
	Medium	150 °F	160 °F
	Well Done	160 °F	170 °F
Pork	Medium	150 °F	160 °F
	Well Done	160 °F	170 °F
Poultry	Dark meat	170 °F	180 °F
	Light meat	160 °F	170 °F

Cooking guide

Cooking poultry

Place the poultry on a microwave-safe roasting rack in a microwave-safe dish and cover with wax paper to prevent splattering. Use aluminum foil to shield the bone tips, thin pieces of meat, or areas that may start to overcook.

Check the temperature in several places before letting the poultry stand the recommended time.

Food	Cooking time/Power level	Instructions
Whole chicken Up to 4 lbs.	Cooking Time: 6-10 min./lb. 180 °F dark meat 170 °F light meat	Place the chicken breast-side down on the roasting rack. Cover with wax paper. Turn over half way through cooking process. Cook until the juices run clear and the meat near the bone is no longer pink. Let stand for 5-10 minutes.
	Power Level: Medium High (7).	
Chicken pieces Up to 2 lbs.	Cooking Time: 6-9 min./lb. 180 °F dark meat 170 °F light meat	Place the chicken bone-side down on the dish, with the thickest portions towards the outside of the dish. Cover with wax paper. Turn over halfway through the cooking process. Cook until the juices run clear and the meat near the bone is no longer pink. Let stand for 5-10 minutes.
	Power Level: Medium High (7).	

Cooking seafood

Place the fish on a microwave-safe roasting rack in a microwave-safe dish. Use a tight cover to steam the fish. A lighter cover of wax paper or paper towel will decrease steaming. Cook the fish until it flakes easily with a fork. Do not overcook fish. Check it after the minimum cooking time.

Food	Cooking time/ Power level	Instructions
Tuna steaks and salmon steaks Up to 1.5 lbs.	Cooking Time: 7-11 min./lb.	Arrange the steaks on a roasting rack with the meaty portions towards the outside of the rack. Cover with wax paper. Turn them over halfway through the cooking process. Cook until the fish flakes easily with a fork. Let stand for 3-5 minutes.
	Power Level: Medium-High (7).	
Fillets Up to 1.5 lbs.	Cooking Time: 4-8 min./lb.	Arrange the fillets in a baking dish, tucking any thin pieces under. Cover with wax paper. If the fillets are thicker than ½ in., turn them over halfway through the cooking process. Cook until the fish flakes easily with a fork. Let stand for 2-3 minutes.
	Power Level: Medium-High (7).	
Shrimp Up to 1.5 lbs.	Cooking Time: 4-6½ min./lb.	Arrange the shrimp in a baking dish without overlapping or layering them. Cover with wax paper. Cook until firm and opaque, stirring 2 or 3 times. Let stand for 5 minutes.
	Power Level: Medium-High (7).	

Cooking eggs

You can use your microwave oven to cook eggs. Cook them until they are just set as they become tough if they are overcooked.

⚠ WARNING

Never cook eggs in their shells and never warm up hard-boiled eggs in their shells. Eggs cooked or warmed up in their shells can explode. Always pierce whole eggs to keep them from bursting.

Cooking vegetables

Vegetables should be washed prior to cooking. Usually, no extra water is needed. When cooking dense vegetables such as potatoes, carrots and green beans, add about ¼ cup water.

Small vegetables (sliced carrots, peas, lima beans, etc.) will cook faster than larger ones.

Whole vegetables, such as potatoes, acorn squash or corn on the cob, should be arranged in a circle on the turntable before cooking. They will cook more evenly if turned over halfway through the cooking process.

Always place vegetables such as asparagus and broccoli with the stems pointing towards the edge of the dish and the tips toward the center.

When cooking cut vegetables, always cover the dish with a lid or vented microwavable plastic wrap.

Whole, unpeeled vegetables such as potatoes, squash, eggplant, etc., should have their skins pierced in several spots before cooking to prevent them from bursting.

For a more even cooking result, stir or rearrange whole vegetables halfway through the cook time.

Generally, the denser the food, the longer the standing time. (The standing time refers to the time necessary for dense, large foods and vegetables to finish cooking after they come out of the oven.) A baked potato can stand on the counter for five minutes before cooking is completed, while a dish of peas can be served immediately.

Recipes

Beef and barley stew

1½ lbs. beef stew cubes, cut into ½-inch pieces

½ cup chopped onion

2 Tbs. all-purpose flour

1 Tbs. Worcestershire sauce

1 can (13.75-14.5 oz.) beef broth

2 medium carrots, cut into ½-inch slices (about 1 cup)

½ cup barley

1 bay leaf

¼ tsp. pepper

1 pkg. (9-10 oz.) frozen peas, thawed

1. In a 2-quart casserole, combine the beef, onion, flour, and Worcestershire sauce and mix well. Cover with lid. Cook at High for 6 to 8 minutes until the beef is no longer pink, stirring once.
2. Stir in beef broth, carrots, barley, bay leaves, and pepper. Cover with lid. Cook at Medium for 1 to 1½ hours until carrots and beef are tender, stirring 2 to 3 times.
3. Stir in peas. Cover with lid. Cook at Medium for 10 minutes. Let stand for 10 minutes. Remove bay leaves before serving.

Makes 6 servings.

Cooking guide

Broccoli and cheese casserole

¼ cup butter or margarine

¼ cup chopped onion

1½ Tbs. flour

½ tsp. salt

¼ tsp. dry mustard

1/8 tsp. pepper

1½ cups milk

¼ cup chopped red pepper

8 oz. (2 cups) cheddar cheese, shredded

1 pkg. (9-10 oz.) frozen chopped broccoli, thawed

4 cups cooked spiral shaped pasta (8 oz. dry)

1. In a 2-quart casserole, cook butter and onion at High for 1 to 2 minutes until the onion is soft, stirring once.
2. Add flour, salt, mustard, and pepper; mix well. Cook at High for 30 to 60 seconds until mixture boils. Stir in milk until smooth.
3. Stir in red pepper. Cook at High for 2 to 3 minutes until mixture boils and thickens slightly, stirring twice. Stir in cheese until melted.
4. Add broccoli and pasta, mix well. Cover with lid. Cook at High for 4 to 6 minutes until heated through, stirring once. Stir before serving.

Makes 6 servings.

Warm potato salad

2 lbs. small red potatoes, cut into ½-inch pieces

4 slices bacon (uncooked), cut into ½-inch pieces

¼ cup chopped onion

2 tsp. sugar

1 tsp. salt

1 tsp. flour

½ tsp. celery seed

1/8 tsp. pepper

2½ Tbs. apple cider vinegar

1. In a 2-quart casserole, combine the potatoes and ¼ cup water. Cover with lid. Cook at High until the potatoes are tender (7-10 minutes); stir twice. Drain and set aside to cool slightly.
2. In a medium bowl, cook the bacon at High until crisp (2½-3½ minutes); stir once. Place the bacon on a paper towel. Reserve 1 Tbs. drippings.
3. Combine the drippings and onion. Cover with plastic wrap; turn a corner back to vent steam. Cook at High until tender (1½-2½ minutes); stir once.
4. Stir in sugar, salt, flour, celery seed, and pepper. Cook at High until mixture boils (30-40 seconds). Stir in vinegar and ½ cup water. Cook at High until liquid boils and thickens slightly (1-2 minutes); stir once. Add bacon to dressing. Pour dressing over potatoes. Stir well.

Makes 6 servings.

Black bean soup

- 1 cup chopped onion
- 1 clove garlic, minced
- 2 cans (15 oz. each) black beans, drained
- 1 can (14-16 oz.) stewed tomatoes, chopped
- 1 can (13.75-14.5 oz.) chicken broth
- 1 can (7-8.5 oz.) corn
- 1 can (4 oz.) chopped green chilies
- 1-2 tsp. ground cumin

1. Place the onion and garlic in a 3-quart casserole. Cover with lid. Cook at High for 2 to 4 minutes until tender.
2. Add one can of beans, and mash the beans with a fork. Add remaining ingredients and mix well.
3. Cook uncovered at High for 10 minutes; stir. Reduce power to Medium and cook for 5 minutes. Stir before serving.

Makes about 2 quarts.

Cleaning and maintaining your microwave oven

Keeping your microwave oven clean improves its performance, wards off unnecessary repairs, and lengthens its life.

Cleaning the exterior

It's best to clean spills on the outside of your microwave oven as they occur. Use a soft cloth and warm, soapy water. Rinse and dry.

CAUTION

Do not get water into the vents. Never use abrasive products or chemical solvents such as ammonia or alcohol as they can damage the appearance of your microwave.

Cleaning under your microwave oven

Regularly clean grease and dust from the bottom of your microwave using a solution of warm water and detergent.

Cleaning the control panel

Wipe with a damp cloth and dry thoroughly. Do not use cleaning sprays, large amounts of soap and water, abrasives or sharp objects on the panel as it is easily damaged.

Cleaning the door and door seals

Always ensure that the door seals are clean and that the door closes properly. Take particular care when cleaning the door seals to ensure that no particles accumulate and prevent the door from closing correctly. Wash the glass door with very mild soap and water. Be sure to use a soft cloth to avoid scratching.

If a thin film of water accumulates on the inside or outside of the oven door, wipe it off with a soft cloth. A thin water film can accumulate when you operate the oven at high humidity and in no way indicates microwave leakage.

Cleaning and maintaining your microwave oven

Cleaning the interior

⚠ CAUTION

Ensure that the microwave oven has cooled down before cleaning it to avoid injury.

⚠ CAUTION

Remove the glass tray from the oven when cleaning the oven or tray. To prevent the tray from breaking, handle it with care and do not put it in water immediately after cooking. Wash the tray carefully in warm sudsy water or in the dishwasher. Clean the interior surfaces (oven cavity) of your microwave oven periodically to remove any splashes or stains. To remove hardened food articles and remove smells, place 2 cups of water (add lemon juice for extra freshness) into a four-cup measuring glass. Run the microwave at High power for 5 minutes or until the water boils. Let water stand in the oven for one or two minutes.

Cleaning the turntable and roller rings

Clean the roller rings periodically and wash the turntable as required. You can wash the turntable safely in your dishwasher.

Storing and repairing your microwave oven

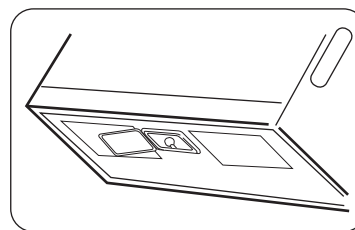
If you need to store your microwave oven for a short or extended period of time, choose a dust-free, dry location. Dust and dampness may adversely affect the ability of the microwave parts.

⚠ WARNING

- Do not repair, replace or service any part of your microwave oven yourself. Allow only a qualified service technician to perform repairs. If the oven is faulty and needs servicing, or you are in doubt about its condition, unplug the oven from the power outlet and contact your nearest service center.
- Do not use the oven if it is damaged, in particular, if the door or door seals are damaged. Door damage includes a broken hinge, a worn out seal, or distorted/bent casing.
- Do not remove the oven from its casing.
- This microwave oven is for home use only and is not intended for commercial use.

Replacing the cooktop/night light

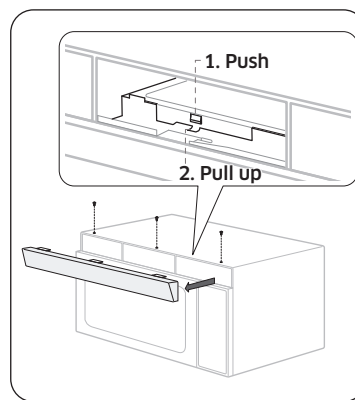
When replacing the cooktop/night light, make sure that you are wearing gloves to avoid injury from the heat of the bulb.



1. Unplug the oven or turn off the power at the main power supply.
2. Remove the screw from the light cover and lower the cover.
3. Replace bulb with 40 watt incandescent bulb.
4. Replace the light cover and mounting screw.
5. Turn the power back on at the main power supply.

Replacing the oven light

When replacing the oven light, make sure that you are wearing gloves to avoid injury from the heat of the bulb.



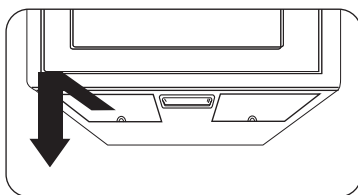
1. Unplug the oven or turn off the power at the main power supply.
2. Open the door.
3. Remove the vent cover mounting screws (3 middle screws).
4. Slide the vent grille to the left, then pull it straight out.
5. Remove the charcoal filter, if present.
6. Remove the cover by pushing the hook and pulling up the lever.
7. Remove the bulb by turning it gently.
8. Replace the bulb with a 40 watt appliance bulb.
9. Replace the bulb holder.
10. Replace the vent grille and the 3 screws.
11. Turn the power back on.

Cleaning the grease filter

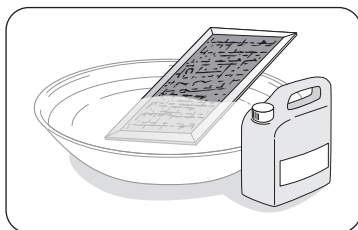
Your microwave oven has two metal reusable grease filters. The grease filters should be removed and cleaned at least once a month, or as required.

⚠ WARNING

To avoid risk of personal injury or property damage, do not operate the oven hood without the filters in place.



1. To remove the filter, slide it to the left (or right) using the tab.



2. Soak the grease filter in hot water and a mild detergent. Rinse well and shake to dry. Brushing the filter lightly can remove embedded dirt.

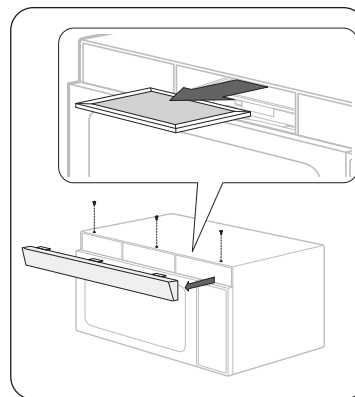
⚠ WARNING

Do not use ammonia or put the grease filter in the microwave oven. The aluminum will darken.

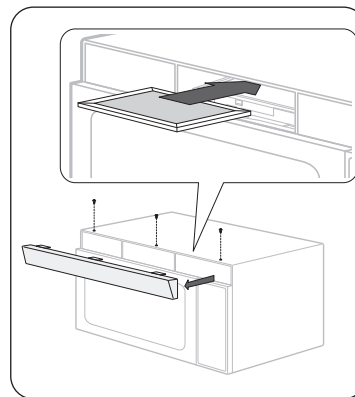
3. To return the filter to its position, slide it into the frame slot on the left (or right), then push it upwards and to the right (or left) to lock it.

Replacing the charcoal filter

If your oven is vented to the inside, the charcoal filter should be replaced every 6 to 12 months and more often if necessary. The charcoal filter cannot be cleaned. To order a new charcoal filter, contact the Parts Department at 1-800-627-4368 or your Samsung dealer. You can also order online at www.samsungparts.com



1. Unplug the oven or turn off the power at the main power supply.
2. Open the door.
3. Remove the vent grille mounting screws (3 middle screws).
4. Slide the vent grille to the left, then pull it straight out.
5. Push the hook and remove the old filter.



6. Slide a new charcoal filter into place. The filter should rest at the angle shown.
7. Replace the vent grille and 3 screws and close the door. Turn the power back on and set the clock.

Troubleshooting

Check these solutions if you have a problem with your microwave:

Problem	Solution
The display and/or the oven is not working.	Make sure the plug is properly connected to a grounded outlet. If the wall outlet is controlled by a wall switch, make sure the wall switch is turned on. Remove the plug from the outlet, wait ten seconds, and plug it in again. Reset the circuit breaker or replace any blown fuses. Plug a different appliance into the outlet. If the other appliance doesn't work, call a qualified electrician to repair the wall outlet. Plug the oven into a different outlet.
The display is working, but the power won't come on.	Make sure the door is closed securely. Check if any packaging material or anything else is stuck in the door seal. Check if the door is damaged. Touch Cancel twice and enter all the cooking instructions again.
Is the power going off before the set time has elapsed?	If there was a power outage, the time indicator will display: 88:88 . If no power outage occurred, remove the plug from the outlet, wait ten seconds, and plug it in again. Reset the clock and any cooking instructions. Reset the circuit breaker or replace any blown fuses.
Cooks food too slowly.	Make sure the oven has its own 20 amp circuit line. Operating another appliance on the same circuit can cause a voltage drop. If necessary, move the oven to its own circuit.
Has sparks or arcing.	Remove any metallic utensils, cookware, or metal ties. If using foil, use only narrow strips and allow at least one inch between the foil and the interior oven walls.

Problem	Solution
The turntable makes noise or becomes stuck.	Clean the turntable, roller ring and oven floor. Make sure the turntable and roller ring are positioned correctly.
Causes TV or radio interference.	This is similar to interference caused by other small appliances, such as hair dryers. Move your microwave (or appliance) away from appliances, such as your TV or radio.
Vent Motor suction force is too weak.	Set the vent mode to high. The Vent Fan will only operate in low speed mode while the microwave is working.
Operating noise is too loud.	The MWO makes noise during operation. This is normal. If you hear an abnormal sound continuously, please contact the Samsung Call Center (1-800-726-7864).
Cook top lamp is too dim.	Set the lamp brightness level to high.
Difficult to replace Charcoal Filter.	Please refer to the instructions for replacing the charcoal filter in the user's manual.
Turntable rotates improperly.	Make sure you have not put too much food on the turntable. If the food is too large or too heavy, the turntable may operate improperly.

Appendix

Specifications

Model	ME16K3000A*
Oven Cavity	1.6 cu ft
Controls	10 power levels, including Defrost
Power Source	120 VAC, 60 Hz
Power Consumption	1580 Watts
Microwave Power Output	1000 Watts
Oven Cavity Dimensions (inches)	19 ⁵ / ₁₆ "(W) X 9 ⁵ / ₈ "(H) X 14 ³ / ₈ "(D)
Outside Dimensions (inches)	29 ⁷ / ₈ "(W) X 16 ¹ / ₂ "(H) X 15 ¹ / ₈ "(D)
Shipping Dimensions (inches)	33 ³ / ₈ "(W) X 19 ¹⁵ / ₁₆ "(H) X 19 ¹³ / ₃₂ "(D)
Net/Shipping Weight	ST : 44.2 / 51.8 lbs B / W : 43.3 / 50.8 lbs

Warranty (USA)

SAMSUNG MICROWAVE OVEN

LIMITED WARRANTY TO ORIGINAL PURCHASER WITH PROOF OF PURCHASE

This SAMSUNG brand product, as supplied and distributed by SAMSUNG ELECTRONICS AMERICA, INC. (SAMSUNG) and delivered new, in the original carton to the original consumer purchaser, is warranted by SAMSUNG against manufacturing defects in materials or workmanship for the limited warranty period, starting on the date of delivery to the original consumer purchaser, of:

**One (1) Year Parts and Labor
Ten (10) Years Magnetron Part (Part Only)**

This limited warranty is valid only on products purchased and used in the United States that have been installed, operated, and maintained according to the instructions attached to or furnished with the product. To receive warranty service, the purchaser must contact SAMSUNG at the address or phone number provided below for problem determination and service procedures. Warranty service can only be performed by a SAMSUNG authorized service center. The original dated bill of sale and/or proof of delivery must be presented upon request as proof of purchase to SAMSUNG or SAMSUNG's authorized service center to receive warranty service.

SAMSUNG will provide in-home service within the contiguous United States during the warranty period at no charge, subject to availability of SAMSUNG authorized servicers within the customer's geographic area. If in-home service is not available, SAMSUNG may elect, at its option, to provide transportation of the product to and from an authorized service center. If the product is located in an area where service by a SAMSUNG authorized servicer is not available, you may be responsible for a trip charge or required to bring the product to a SAMSUNG authorized service center for service.

To receive in-home service, product must be unobstructed and accessible to the service agent.

Warranty (USA)

During the applicable warranty period, a product will be repaired, replaced, or the purchase price refunded, at the sole option of SAMSUNG. SAMSUNG may use new or reconditioned parts in repairing a product, or replace the product with a new or reconditioned product. Replacement parts and products are warranted for the remaining portion of the original product's warranty or ninety (90) days, whichever is longer. All replaced parts and products are the property of SAMSUNG and you must return them to SAMSUNG.

This limited warranty covers manufacturing defects in materials or workmanship encountered in normal household, noncommercial use of this product and shall not cover the following: damage that occurs in shipment, delivery, installation, and uses for which this product was not intended; damage caused by unauthorized modification or alteration of the product; product where the original factory serial numbers have been removed, defaced, changed in any way, or cannot be readily determined; cosmetic damage including scratches, dents, chips, and other damage to the product's finishes; damage caused by abuse, misuse, overheating due to overcooking, glass tray or turntable, pest infestations, accident, fire, floods, or other acts of nature or God; damage caused by use of equipment, utilities, services, parts, supplies, accessories, applications, installations, repairs, external wiring or connectors not supplied or authorized by SAMSUNG; damage caused by incorrect electrical line current, voltage, fluctuations and surges; damage caused by failure to operate and maintain the product according to instructions; in-home instruction on how to use your product; service to correct installation not in accordance with electrical or plumbing codes or correction of household electrical or plumbing (i.e., house wiring, fuses, or water inlet hoses); and reduced magnetron power output related to normal aging.

The cost of repair or replacement under these excluded circumstances shall be the customer's responsibility.

Visits by an authorized servicer to explain product functions, maintenance or installation are not covered by this limited warranty. Please contact SAMSUNG at the number below for assistance with any of these issues.

Samsung will charge a repair fee for replacing an accessory or repairing cosmetic damage if the damage to the unit and/or damage to or loss of the accessory was caused by the customer. Items this covers include:

- Dented, scratched, or broken door, handle, out-panel, or control panel
- Broken or lost tray, guide roller, coupler, filter, or wire rack

Parts that SAMSUNG has determined can be replaced by the user may be sent to the customer for installation. In SAMSUNG's discretion, an authorized servicer can be dispatched to perform such installation.

EXCLUSION OF IMPLIED WARRANTIES

IMPLIED WARRANTIES, INCLUDING THE IMPLIED WARRANTIES OF MERCHANTABILITY OR FITNESS FOR A PARTICULAR PURPOSE, ARE LIMITED TO ONE YEAR OR THE SHORTEST PERIOD ALLOWED BY LAW. Some states do not allow limitations on how long an implied warranty lasts, so the above limitations or exclusions may not apply to you. This warranty gives you specific rights, and you may also have other rights, which vary from state to state.

LIMITATION OF REMEDIES

YOUR SOLE AND EXCLUSIVE REMEDY IS PRODUCT REPAIR, PRODUCT REPLACEMENT, OR REFUND OF THE PURCHASE PRICE AT SAMSUNG'S OPTION, AS PROVIDED IN THIS LIMITED WARRANTY. SAMSUNG SHALL NOT BE LIABLE FOR SPECIAL, INCIDENTAL OR CONSEQUENTIAL DAMAGES, INCLUDING BUT NOT LIMITED TO TIME WAY FROM WORK, HOTELS AND/OR RESTAURANT MEALS, REMODELING EXPENSES, LOSS OF REVENUE OR PROFITS, FAILURE TO REALIZE SAVINGS OR OTHER BENEFITS REGARDLESS OF THE LEGAL THEORY ON WHICH THE CLAIM IS BASED, AND EVEN IF SAMSUNG HAS BEEN ADVISED OF THE POSSIBILITY OF SUCH DAMAGES. Some states do not allow exclusion or limitation of incidental or consequential damages, so the above limitations or exclusions may not apply to you. This warranty gives you specific rights, and you may also have other rights, which vary from state to state.

SAMSUNG does not warrant uninterrupted or error-free operation of the product. No warranty or guarantee given by any other person, firm, or corporation with respect to this product shall be binding on SAMSUNG.

To obtain warranty service, please contact SAMSUNG at:
Samsung Electronics America, Inc.
85 Challenger Road
Ridgefield Park, NJ 07660

1-800-SAMSUNG (726-7864) and www.samsung.com/us/support



Scan the QR code* or visit
www.samsung.com/spsn
to view our helpful
How-to Videos and Live Shows

*Requires reader to be installed on your
smartphone

Scan this with your smartphone

Please be advised that the Samsung warranty does NOT cover service calls to explain product operation, correct improper installation, or perform normal cleaning or maintenance.

QUESTIONS OR COMMENTS?

COUNTRY	CALL	OR VISIT US ONLINE AT
U.S.A Consumer Electronics	1-800-SAMSUNG (726-7864)	www.samsung.com/us/support
CANADA	1-800-SAMSUNG (726-7864)	www.samsung.com/ca/support (English) www.samsung.com/ca_fr/support (French)